

# The Attitude of Christ

## #1 Empty Me

We are going to spend the next 6 weeks looking at the attitude of Christ and see how His attitude compares to our attitude. As we have discussed in past small group sessions, Christ is our perfect example. The only way God could show us how to live a life of holiness is by coming here on earth Himself as a man, yet without sin.

Has anyone ever said to you, “*that is a bad attitude*” or “*your attitude stinks*” or “*I just had a bad day and my attitude reflected it*”. We can safely say this attitude is not Christ’s attitude. There is **not one place** in scripture that we can read and say, “wow, Jesus had a bad attitude”. Jesus was sinless during His entire earthly stay. He did not have a bad attitude one time.

So what is your definition of attitude? *The dictionary definition is a complex mental state involving beliefs, feelings, values and dispositions to act in certain ways.*

### ***Introduction***

Describe Jesus’ attitude while here on earth.

Honestly, what usually directs our attitude?

How can we have the attitude of Christ? Can the Holy Spirit help with this?

### ***Dig into the Word***

So how do we know that we should have the attitude of Christ? Read Philippians 2:5. In this verse it says, “having this attitude”. What attitude is Paul speaking of? To get the context of this verse, let’s read Philippians 2:1-8.

Let’s break down the attitudes of Christ as a list. Get out your pencil or pen and look through verses 1-8 to find these attitudes. You should find close to 19 attitudes!

Look back at the definition of the word. It is a mental state, but it causes us to act in certain ways. If we can have the attitude of Christ in our lives, then it will cause us to act like Christ.

Are these statements true or false or both?

- ❖ Our attitude can bring others into conformity to where our mental state is.
- ❖ Our attitude is just in our minds and usually doesn't affect anyone around us.

What items in the list are struggles for you?

What items in the list do you have victory?

The essence of this attitude in Philippians 2:1-8 is **EMPTY ME!** John the Baptist had this attitude. Read John 3:30 to hear it in his own words.

Let's spend some time in prayer asking God to empty us so that our attitude can reflect Christ's attitude.